



**JERSEY CHARITY  
COMMISSIONER**



**Jersey Mencap was established in 1960. We work with people with a learning disability and their families in Jersey We are a network partner of the Royal Mencap Society. This means we access advice, guidance & training. We collaborate with a range of local community organisations in Jersey to meet our objectives. We are keen to develop partnerships that can enhance what we offer and help our members to access better opportunities.**

## OUR VALUES

**Mencap values are at the heart of our culture and inform how we work everyday:**

We are **passionate** about making the world a better place.

We are **inclusive** of everyone.

We are **brave** - we challenge and try new things.

We are **positive** in our work with each other.

We are **kind**.

**FIND US ON**



## JERSEY MENCAP NEEDS YOUR SUPPORT:

**Fundraising - Legacy - Volunteer  
Social Media - CSR - Make a donation**

**Jersey Mencap has a staff team of 3, a voluntary committee of 10 and 8 regular, weekly volunteers.**

**Jersey Mencap host the  
South Coast Charity  
Challenge a 15 mile walk &  
our main annual fundraiser**

# WHAT IS A LEARNING DISABILITY?

The answer is that it's different for every person who has one. But there are some things that are true for everyone with a learning disability, and some common (and not so common) conditions that will mean you have a learning disability.

A learning disability is a reduced intellectual ability and difficulty with everyday activities – for example household tasks, socialising or managing money – which affects someone for their whole life.

Jersey Mencap welcomes new members including people living independently, with family and those supported by other care organisations. We are an inclusive club and people may bring a support worker with them to our activities.



## JERSEY MENCAP PROJECTS

### Social Club

Over 140 members take part in affordable day and evening activities including dinner & discos, zumba, circuit training, singing and petanque. The club is about meeting up with friends and enjoying favourite and new activities. Once you have registered you will be added to the mailing list and receive regular calendar updates with details of what's on offer. All activities need to be booked so we can manage venues and numbers. We will tell you if you need to pay anything towards the costs of an activity.

### Taking Part Making Art

Professional artists run weekly sessions and support people to be creative in a variety of art mediums including textiles, paint, mosaic and collage. The sessions are all group classes and work on different themes throughout the year.

Taking Part Making Art are happy for people, organisations and companies to approach them for commissions. We are experienced in producing framed art pieces, designing and making props, book illustration and craft designs for projects.

### Pond Project

It's well documented that being outdoors, in nature helps people with mindfulness, well-being and improving mental and physical health. Our pond site boasts wildlife, marshland and woodland. It offers members a range of opportunities individually or as a group to access nature, learn land management skills or enjoy arts and crafts in a peaceful setting.

### Book Club

Meets regularly at Jersey Library and enjoys reading, games, talking as well as meeting local authors and taking advantage of what's on at the library. You don't need to be able to read books to come along but it helps if you are interested in learning and enjoy being in the library. Book club some times meet in different places and go to exhibitions and other local events.